



NOVEMBER 2023

Riverside Junior Senior High School

BREAKFAST MENU

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
EVERY DAY OPTIONS BREAKFAST Assorted Cereals Otis Spunkmeyer Muffins Breakfast Pastries	All complete Breakfast Meals are FREE for Riverside students!		Ham, Egg, and Cheese Sandwich	2 Bacon, Egg, and Cheese Sandwich	3 Sausage Pancake Bites
Breakfast Pastnes Breakfast Bars Bagel w/ Cream Cheese WG Nutrigrain Bars WG Pop Tarts WG Rice Krispy Treats Strawberry Yogurt Chex Greek Yogurt Cups	6 French Toast Sticks with Sausage	7 Sausage, Egg, and Cheese Sandwich	8 Ham, Egg, and Cheese Sandwich	9 Bacon, Egg, and Cheese Sandwich	NO SCHOOL
FRUIT and JUICE Apples Bananas Oranges Seasonal Fruit	13 French Toast Sticks with Sausage	Sausage, ¹⁴ Egg, and Cheese Sandwich	15 Ham, Egg, and Cheese Sandwich	16 Bacon, Egg, and Cheese Sandwich	17 Sausage Pancake Bites
100& Fruit Juice MILK CHOICES 1% Plain, Fat Free Chocolate Strawberry Milk Fat Free Plain	20 French Toast Sticks with Sausage	Sausage, ²¹ Egg, and Cheese Sandwich	22 Ham, Egg, and Cheese Sandwich	23 24 NO SCHOOL	
terministic termin	NO SCHOOL	Sausage, ²⁸ Egg, and Cheese Sandwich	29 Ham, Egg, and Cheese Sandwich	30 Bacon, Egg, and Cheese Sandwich	

Menus are subject to change.

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