



NOVEMBER 2023

Riverside Junior Senior High School

BREAKFAST MENU

EVERY DAY OPTIONS

BREAKFAST

Assorted Cereals
Otis Spunkmeyer Muffins
Breakfast Pastries
Breakfast Bars
Bagel w/ Cream Cheese
WG Nutrigrain Bars
WG Pop Tarts
WG Rice Krispy Treats
Strawberry Yogurt Chex
Greek Yogurt Cups

FRUIT and JUICE

Apples
Bananas
Oranges
Seasonal Fruit
100% Fruit Juice

MILK CHOICES

1% Plain, Fat Free
Chocolate
Strawberry Milk
Fat Free Plain

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

*All complete Breakfast
Meals are FREE for
Riverside students!*

Ham, Egg,
and Cheese
Sandwich¹

Bacon, Egg,
and Cheese
Sandwich²

Sausage
Pancake Bites³

French Toast
Sticks with
Sausage⁶

Sausage,
Egg, and
Cheese
Sandwich⁷

Ham, Egg,
and Cheese
Sandwich⁸

Bacon, Egg,
and Cheese
Sandwich⁹

NO SCHOOL



French Toast
Sticks with
Sausage¹³

Sausage,
Egg, and
Cheese
Sandwich¹⁴

Ham, Egg,
and Cheese
Sandwich¹⁵

Bacon, Egg,
and Cheese
Sandwich¹⁶

Sausage
Pancake Bites¹⁷

French Toast
Sticks with
Sausage²⁰

Sausage,
Egg, and
Cheese
Sandwich²¹

Ham, Egg,
and Cheese
Sandwich²²



Sausage,
Egg, and
Cheese
Sandwich²⁸

Ham, Egg,
and Cheese
Sandwich²⁹

Bacon, Egg,
and Cheese
Sandwich³⁰

*WG = Whole Grain

Menus are subject
to change.



Food Service is **NOW HIRING!**
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STUDENT
NUTRITION

This institution is an equal opportunity provider.